

# A Flame that Warms the Heart: The Ujjwala Story

"Ujjwala Yojana has strengthened the lives of the poor, marginalised, Dalits and tribal communities. This initiative is playing a central role in social empowerment."

- Prime Minister Narendra Modi

#### **Key Takeaways:**

- The Pradhan Mantri Ujjwala Yojana (PMUY) has provided over 10 crore LPG connections as of July 2025, empowering rural households with access to clean cooking fuel.
- Women save 2 to 3 hours daily, previously spent collecting firewood, which they now use for incomegenerating activities or family care.
- The government has approved targeted subsidy of Rs.300 per 14.2 kg cylinder for up to 9 refills per year for PMUY beneficiaries.

#### **Introduction: Lighting Her Kitchen**

Across India's vast expanse of 3.28 million square kilometres, countless stories of women, of strength, sacrifice, and resilience, goes unheard.

In urban homes, women plan their evening meals, perhaps a hearty dal or a sweet kheer, focused on what to serve. But in India's villages, women once faced a tougher task gathering wood or dung to fuel their chulha, their eyes stinging from smoke, their children coughing in hazy rooms. The Pradhan Mantri Ujjwala Yojana (PMUY) arrived like a gentle promise, bringing clean gas flames to their kitchens so they could cook with joy, their meals filled with care, not soot.

The Union Cabinet recently approved the targeted subsidy of **Rs.300** per **14.2** kg cylinder for up to 9 refills per year (and proportionately pro-rated for 5 kg cylinder) to the beneficiaries of Pradhan Mantri Ujjwala Yojana (PMUY) during FY 2025-26 at an expenditure of Rs 12,000 crore.

What makes Ujjwala unique? It's designed for women.

Only an adult woman from an eligible household can receive the gas connection in her name, a small light that honors her role as the heart of her home.

#### Lighting the Way: The Story of Ujjwala

Cooking should bring warmth, not harm. Yet for decades, millions of Indian women cooked over smoky stoves, risking their health and comfort every day. Recognising this hardship, the Government of India launched the Pradhan Mantri Ujjwala Yojana (PMUY), a flagship scheme that placed clean cooking fuel in the hands of rural women. Over time, this

#### Suksho's Harvest

She cooked with cow dung and dry grass. The air in her home hung heavy, and so did the feeling of being stuck, stuck in time, in struggle, in a life with no room to breathe.

Then, in 2019, she received her LPG connection. And with that, a door opened.

With the hours she once spent gathering fuel, she found new purpose. Alongside other women, she began growing vegetables in the village fields. They sold their harvests together, earning not just income, but respect. Suksho, once invisible in the crowd, now stands tall in her community, her hands still busy, but now with growth, not grind.

initiative evolved to reach those still left behind, expanding its vision and deepening its impact. Here is how both phases, Ujjwala and Ujjwala 2.0, have helped turn kitchens across India from smoke-filled corners into safer, healthier spaces.

Ujjwala: The First Flame	Ujjwala 2.0: Extended Reach
<ul> <li>Launch Date: May 1, 2016</li> <li>Aimed to provide 5 crore LPG connections to women from Below Poverty Line (BPL) households.</li> <li>The LPG connection is issued in the name of an adult woman of the household.</li> <li>Financial support of ₹1,600 per connection was provided by the government.</li> <li>The scheme empowered women by recognizing them as the primary beneficiaries and decision-makers in households.</li> </ul>	<ul> <li>Launch Date: August 10, 2021</li> <li>Ujjwala 2.0 initially targeted 1 crore additional connections for low-income families who could not be covered under the earlier phase of PMUY.</li> <li>Required minimum paperwork—a self-declaration sufficed for most cases.</li> <li>Provided free LPG connection, first filled cylinder, and a hotplate.</li> <li>Aimed to fill the gaps left by the first phase and ensure last-mile delivery of clean cooking fuel.</li> </ul>

## Ujjwala Yojana At a Glance



Fueling a Cleaner India



**Over 10 Crore** Connections



₹300 Subsidy per refill



₹2200 Government Support per connection



2-3 hours Saved Daily



Launched in 2016

From Smoky Chulhas to Clean flames **A Revolution in Every Kitchen** 

Source: Pradhan Mantri Ujjwala Yojana

By 2024, Ujjwala 2.0 was furthering the mission of clean cooking fuel access in rural India, reaching deeper into communities already touched by the scheme's earlier success. In many villages, clean blue flames had replaced smoky fires, and kitchens felt lighter and fresher. Community gatherings like LPG Panchayats became platforms where women shared tips on safe usage, like checking hoses, storing cylinders properly. Also, they exchanged personal stories of easier cooking, fewer respiratory issues, and more time for family or work. They even discovered helpful features of the scheme, such as the ability to change gas agencies through the online portal that added to their confidence and sense of agency. Like millions of households across the country, these communities embraced a quieter, cleaner rhythm: fewer coughs, more smiles.

# Ujjwala 2.0 Eligibility Criteria at a Glance



Adult Woman (18+) Only - The connection must be issued exclusively in her name.

No Existing LPG Connection - The household must not already have an LPG connection.

Belong to One of These Categories:

- SC / ST households
- Beneficiary of Pradhan Mantri Awas Yojana (Gramin)
- Most Backward Classes (MBC)
- Antyodaya Anna Yojana (AAY)
- Tea and Ex Tea Garden Tribes
- Forest dwellers
- Residents of Islands or River Islands
- SECC-listed households (AHLTIN)
- Or qualifies as a poor household via the 14 point declaration

Source: Ministry of Petroleum and Natural Gas

The scheme's impact shines through stories celebrated at the highest levels. In February 2018, the Rashtrapati Bhavan in New Delhi hosted an event to honor PMUY's success, where women beneficiaries shared how clean fuel transformed their lives. They spoke of time saved from gathering wood, now spent with children or earning income, and kitchens free of choking smoke. These stories reflect the scheme's promise of dignity and health. On December 30, 2023, Prime Minister Narendra Modi visited Meera Manjhi's home in Ayodhya, the 10-croreth PMUY beneficiary.

#### Fuels of the Past: A Time Before Ujjwala

Before PMUY lit up India's kitchens, rural women relied on traditional fuels that filled homes with smoke and burdened their days with toil. Firewood, coal, and cow-dung cakes were the heart of village cooking, gathered from forests or fields, their heavy smoke clouding lungs and dimming dreams. These fuels, though abundant, demanded hours of labor and left families in hazy, unhealthy homes. PMUY changed this story, replacing smoky flames with clean LPG, freeing women to cook with ease and live with pride.

The table below lists the primary fuels used across India before PMUY's launch in 2016, highlighting the old ways that Ujjwala transformed.

## From Smoke to Smile



Life Before and After Ujjwala

#### Before Ujjwala







Crop Residue



#### After Ujjwala



Less Smoke More Life

Source: Pradhan Mantri Ujjwala Yojana

Fuel Type	Details
Firewood	Widely used in rural households, collected from forests or local areas, producing thick smoke that impacted health and required hours of gathering.
Cow-Dung Cakes	Common in villages, made from dried dung, burned slowly, releasing heavy smoke that affected family health.
Coal	Used in some rural and semi-urban areas, often for cooking, emitting dense smoke that contributed to indoor air pollution.
Crop Residue	Agricultural waste like straw or husks burned in rural kitchens, adding to smoke and requiring constant collection.
Kerosene	Used in limited households, often mixed with other fuels, producing fumes that posed health risks.

#### Lighting Lives Across States: Ujjwala's Reach

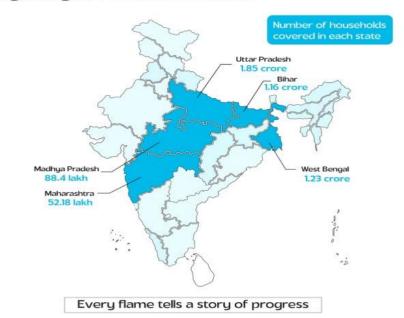
PMUY has kindled hope in every corner of India. States with significant rural populations and poverty indicators have seen greater adoption of the scheme, improving access to cleaner cooking solutions for women.

The table below highlights the states with the highest number of PMUY scheme holders as of December 2024, based on trends in active domestic LPG customers, showcasing the scheme's widespread embrace.

### State-wise Reach of PMUY







Source: Pradhan Mantri Ujjwala Yojana

State	Number of Scheme Holders	
Uttar Pradesh	Over 1.85 crore households, leading due to its large rural population and high LPG adoption.	
Bihar	Around 1.16 crore households, driven by widespread rural uptake of clean cooking fuel.	
West Bengal	Approximately 1.23 crore households, with strong outreach to underserved communities.	
Madhya Pradesh	About 88.4 lakh households, empowering women in tribal and rural regions.	
Maharashtra	Nearly 52.18 lakh households have gained access to clean cooking fuel through the scheme.	

This widespread adoption reflects PMUY's mission to light up every rural kitchen, with states like Uttar Pradesh and Bihar leading the way in empowering women with clean fuel.

# Empowering Women Beyond the Kitchen



Not Just Fuel, A Tool of Freedom



2-3 hours saved daily



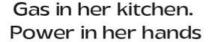
Women starting small businesses



Health benefits (fewer respiratory issues)



Self-help groups and LPG Panchayats





**Education and skills** 

Source: Pradhan Mantri Ujjwala Yojana

PMUY does more than light stoves, it ignites dreams. By freeing women from the hardship of gathering fuel, it opens doors to education, entrepreneurship, and family time. Women now join self-help groups, start small businesses, or teach their children, their lives enriched by the hours saved and the health gained.

#### Targets Achieved Ahead of Time

The Pradhan Mantri Ujjwala Yojana not only met but exceeded its key milestones, well ahead of schedule-a testament to its rapid scale, effective execution, and transformational impact.

Indicator	Achievement
Initial Target	8 crore connections achieved by September 2019
Ujjwala 2.0	Additional 1 crore connections achieved by January 2022; expanded to 1.60 crore by December 2022
Expanded Reach of Ujjwala 2.0	75 lakh more connections approved and achieved by July 2024 under FY 2023–24 to 2025–26 phase
Total Active Connections	10.33 crore PMUY connections active as of 1 July 2025
Total LPG Refills Delivered	234.02 crore 14.2 kg LPG refills (including installation refill) delivered up to February 2025
Daily Delivery Rate (2024)	Approximately 12.6 lakh LPG refills/day delivered during FY 2024–25 (till February 2025)
Per Capita Consumption Growth	Increased from 3.01 cylinders (FY 2019–20) to 3.95 (FY 2023–24), and 4.43 cylinders (FY 2024–25, as of 1 Mar 2025)

These achievements tell a story of a changed India. Continuing the transformational journey of PM Ujjwala Yojana, the government has further approved the **targeted subsidy of Rs.300 per 14.2 kg cylinder for up to 9 refills per year** (and proportionately pro-rated for 5 kg cylinder) to the beneficiaries during FY 2025-26 at an expenditure of Rs 12,000 crore.

#### SDGs in Action: The Ujjwala Impact

The Sustainable Development Goals are the world's shared promise—to end poverty, care for the planet, and pillar of this mission, bringing clean cooking fuel to millions and lighting up lives where it matters most help every person live with dignity by 2030. In India, the Pradhan Mantri Ujjwala Yojana stands as a strong.





Powers global goals from the heart of rural India

Goal 3 - Healthier homes, smoke-free lives

Goal 5 - Time and dignity restored to women

Goal 7 - Access to clean energy

Goal 13 - A shift toward climate-conscious cooking

Source: Pradhan Mantri Ujjwala Yojana

#### **Conclusion: A Flame of Hope for Tomorrow**

The Pradhan Mantri Ujjwala Yojana is more than a scheme. It is a revolution of hope, kindling flames that warm hearts and brighten futures. Each gas cylinder, backed by generous subsidies, is a spark of dignity, freeing women from smoky kitchens and lighting the way to healthier lives, empowered dreams, and thriving communities. From Uttar Pradesh to Maharashtra, millions of women now cook with pride, their children breathing freely, their homes filled with laughter.

Prime Minister Narendra Modi captured this spirit in 2019: "Ujjwala Yojana has put great emphasis on the resolve of ensuring health, convenience and empowerment of sisters."

That's the essence of Ujjwala, a flame that lights both the kitchen and the spirit, carrying hope to every corner of India. PMUY stands as a beacon of India's progress, where clean, accessible fuel fuels not just stoves but aspirations, weaving a tapestry of equality, health, and opportunity. As these flames flicker in every corner of the nation, they carry a promise: a brighter, stronger India, where every woman's light shines bold and free.

#### Cameliya's Kitchen

In South 24 Parganas, West Bengal, Cameliya Naskar lived with a quiet enemy—smoke. It curled through her kitchen, filled her children's lungs, and settled into every corner of her home. Her days were a blur of coughing, cleaning, and cooking through the haze.

But now, the air is different.

Her stove runs on LPG, and her kitchen no longer chokes her dreams. The walls are still the same, but the mood is new. Warm meals simmer on the stove while her children study beside her. Her home, once filled with soot, is now filled with the smell of food, the sound of learning, and the lightness of hope.

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