



Research Unit
Press Information Bureau
Government of India

World Health Day 2025

Strengthening Indian Healthcare for a Resilient Future

(Ministry of Health and Family Welfare)

6th April, 2025

“On World Health Day, we express gratitude to all those who work to make our planet healthier. Our Government will continue working to augment health infrastructure and ensure quality healthcare to the people.”

- **Shri Narendra Modi, Prime Minister**

World Health Day, observed annually on **7 April**, highlights pressing global health issues and mobilises action to improve public health outcomes. Started by the **World Health Organization (WHO)** in **1950**, it unites governments, institutions, and communities in addressing critical health priorities each year.



In **2025**, the theme, **“Healthy Beginnings, Hopeful Futures,”** launches a year-long campaign focused on **maternal and newborn health**, urging countries to end preventable deaths and prioritise women’s long-term well-being.

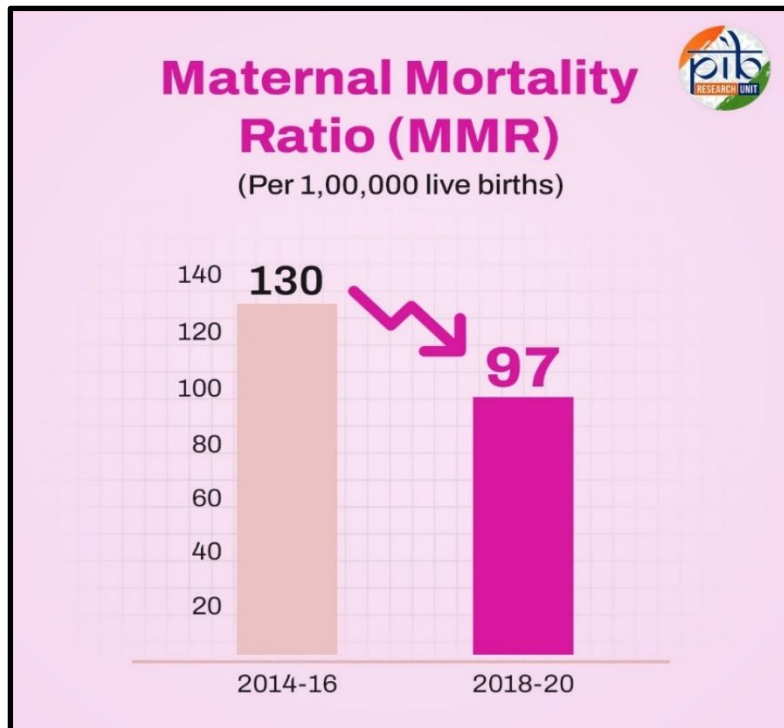
Aligning with this vision, the **Government of India**, through the **Ministry of Health and Family Welfare**, continues to strengthen its commitment to **equitable, accessible, and quality healthcare**. Over the past decade, India’s health sector has made notable strides through initiatives like **Ayushman Bharat** and the **National Health Mission**, which have improved maternal and child health, expanded digital health access, and enhanced infrastructure and services.

The Ministry of Health and Family Welfare has made substantial strides in improving India’s public health outcomes through various key initiatives and programs. The **National Health Mission (NHM)** has played a

central role in this progress. To highlight these efforts and their impact, the following sections showcase key national health initiatives driving India's progress toward **universal health coverage** and **health equity for all**.

India's Progress in Maternal and Child Health

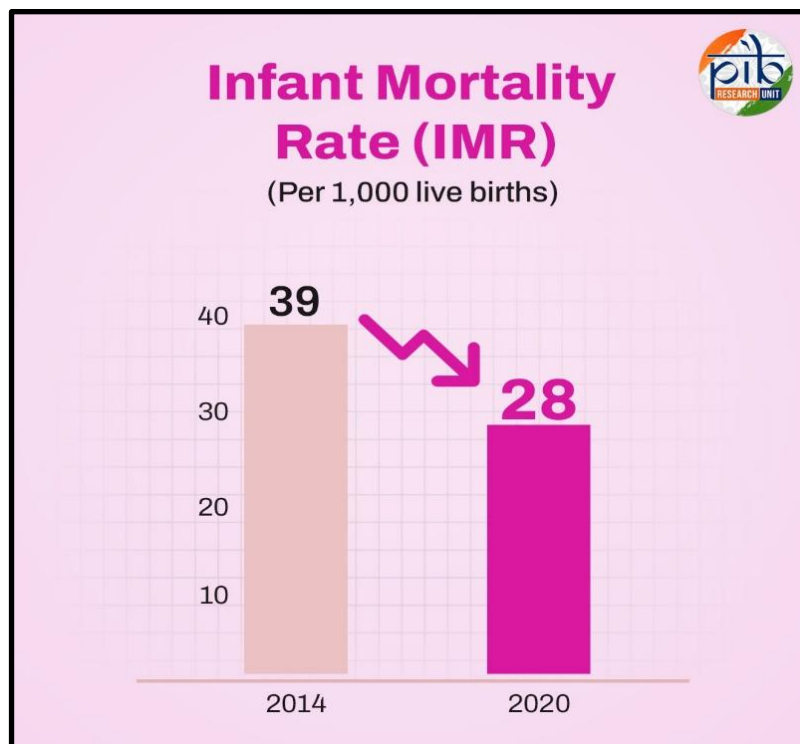
Maternal Mortality



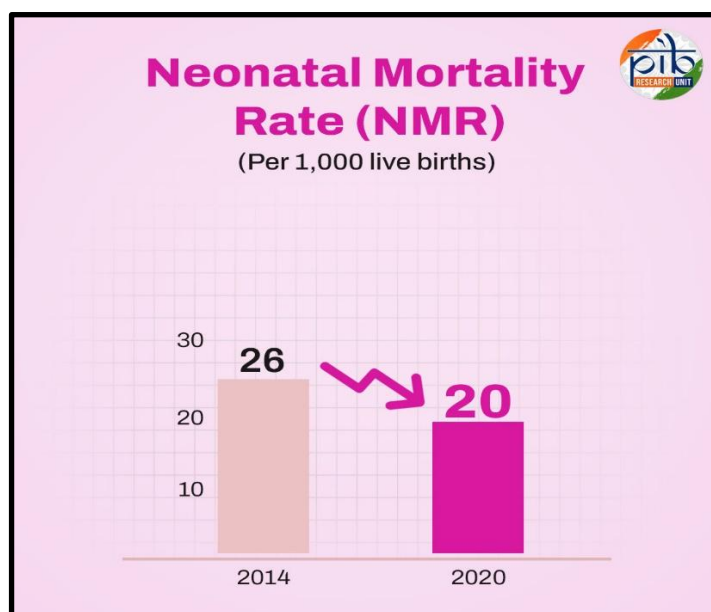
- **MMR** (Maternal Mortality Ratio) in India dropped from **130 (2014-16)** to **97 (2018-20)** per 1,00,000 live births – a **decline of 33 points**.
- Over the last 30 years (1990–2020), **MMR declined by 83%** in India.
 - **Global comparison:** Global MMR reduced by **42%** in the same period.

Infant & Child Mortality

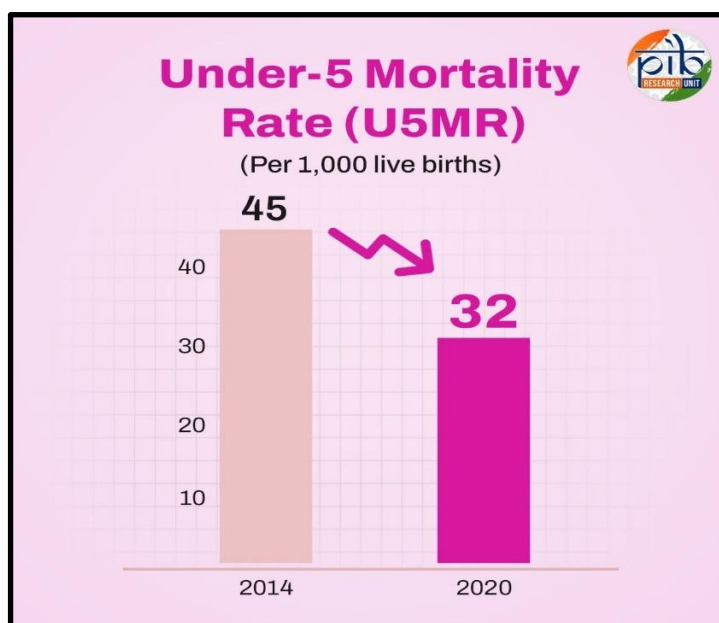
- **IMR (Infant Mortality Rate)** dropped from **39 (2014)** to **28 (2020)** per 1,000 live births.



- **NMR (Neonatal Mortality Rate)** reduced from **26 (2014)** to **20 (2020)** per 1,000 live births.



- **U5MR (Under-5 Mortality Rate)** declined from **45 (2014)** to **32 (2020)** per 1,000 live births.



India vs Global Progress (1990–2020)

<u>Indicators</u>	<u>India Reduction (%)</u>	<u>Global Reduction (%)</u>
Maternal Mortality Ratio (MMR)	83%	42%
Neonatal Mortality Rate (NMR)	65%	51%
Infant Mortality Rate (IMR)	69%	55%
Under-5 Mortality Rate (U5MR)	75%	58%

Key Interventions for **Maternal Health** In India



1

Institutional Deliveries on the Rise

- ✓ **88.6%** of all births now take place in health institutions (NFHS-5, 2019–21), including among tribal women – a major win under the **National Health Mission**.

2

Janani Suraksha Yojana (JSY)

- ✓ **Conditional cash transfer** scheme (since 2005) to boost institutional deliveries.
- ✓ **36.77 Lakh** women benefited (April–Sept 2024).

3

Janani Shishu Suraksha Karyakaram (JSSK)

- ✓ Ensures **completely free care** for pregnant women and sick infants – covering delivery (including C-section), transport, diagnostics in public hospitals.

4

Pradhan Mantri Surakshit Matritva Abhiyan (PMSMA)

- ✓ **Free, quality antenatal care** on the 9th of every month since 2016.
- ✓ Over **6 crore women** examined as of April 2025.

5

Extended PMSMA Strategy

- ✓ Focus on **high-risk pregnancies** with **financial incentives** for extra 3 visits + ASHA support till safe delivery.

6

SUMAN (2019)

- ✓ Assures **zero-cost, respectful and quality care** for all women and new borns in public health facilities.
- ✓ **41,519** facilities onboarded as of Dec 2024.

7

LaQshya (2017)

- ✓ Aims to improve labour room and maternity OT quality in public hospitals.
- ✓ **1,106 Labour Rooms** and **809 Maternity OTs** certified by Dec 2024.

Other Interventions for Maternal Health and Pregnant Women

- **Maternal Death Surveillance and Response (MDSR):** Conducted at facility and community levels to identify causes of maternal deaths and implement corrective actions for improving obstetric care.
- **Mother and Child Protection (MCP) Card & Safe Motherhood Booklet:** Distributed to educate pregnant women on nutrition, rest, pregnancy danger signs, government schemes, and benefits of institutional deliveries.
- **Reproductive and Child Health (RCH) Portal:** A name-based digital platform to track pregnant women and newborns, ensuring timely antenatal, delivery, and postnatal care.
- **Anaemia Mukht Bharat (AMB):** Part of **POSHAN Abhiyan**; focuses on testing, treatment, and prevention of anaemia in adolescents and pregnant women through nutrition, awareness, and addressing non-nutritional causes.
- **Birth Waiting Homes (BWH):** Set up in remote and tribal areas to improve access and promote institutional deliveries.
- **Village Health, Sanitation & Nutrition Day (VHSND):** Monthly outreach at Anganwadi Centres for maternal and child care services in collaboration with **MoWCD**.
- **Outreach Camps:** Organized in tribal and difficult areas to deliver maternal healthcare, raise awareness, mobilize communities, and monitor high-risk pregnancies.

Wider Access to Quality Health Services

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Ayushman Arogya Mandirs & Quality Healthcare: Key Highlights

- **1.76 lakh+** Ayushman Arogya Mandirs (HWCs) active across India, delivering comprehensive primary care.
- **5.06 crore** wellness sessions, including yoga and meditation, held at AAMs as of Feb 2025.
- **107 crore+** hypertension and **94 crore+** diabetes screenings conducted
- **17,000+** public health facilities certified under National Quality Assurance Standards (NQAS), ensuring patient-centric, high-quality care.

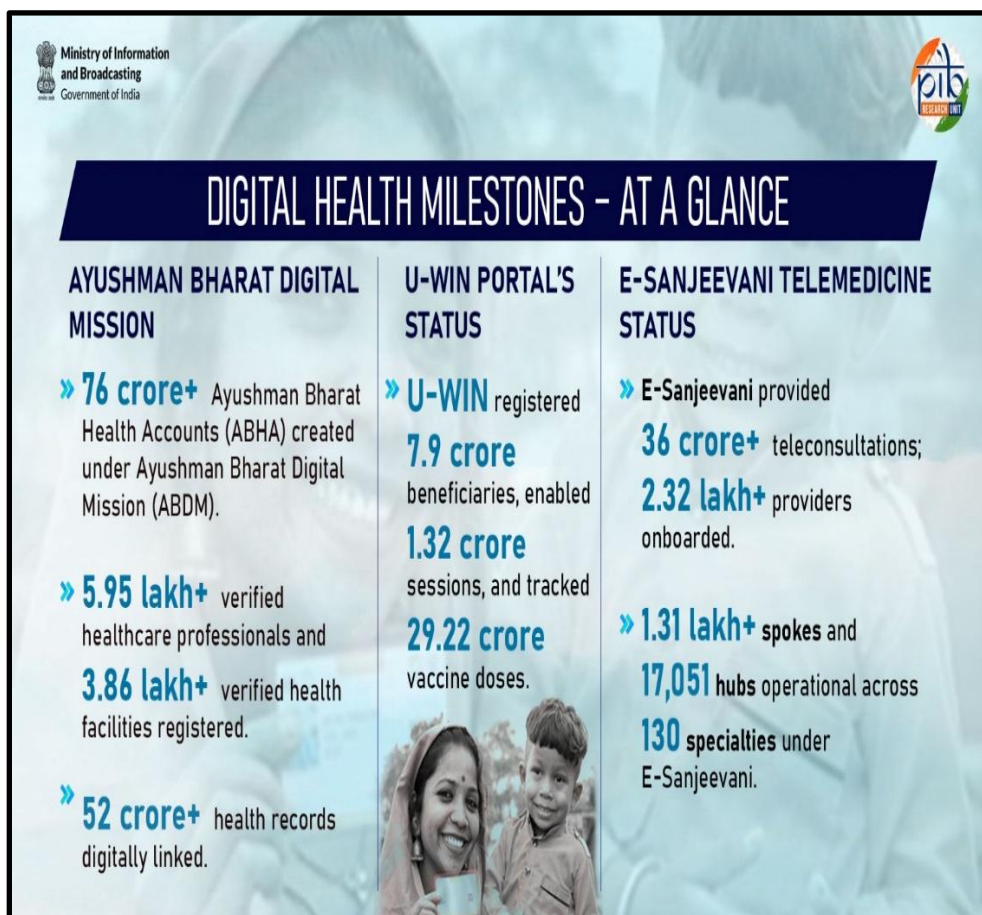
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- As of **5th April 2025**, there are over **1.76 lakh active Ayushman Arogya Mandirs (Health & Wellness Centres)** in India, providing comprehensive primary health care.
- According to the portal, **107.10 crore screenings for hypertension and 94.56 crore screenings for diabetes** have been conducted at the Ayushman Arogya Mandirs (AAMs).
- Wellness-related activities, such as **yoga, cycling, and meditation**, are conducted in AAMs. As of 28th February 2025, a total of **5.06 crore wellness sessions**, including **Yoga**, have been undertaken at AAMs.
- As of 30th November 2024, there are **17,000+** government health facilities certified under the **National Quality Assurance Standards (NQAS)**, a

framework by the Ministry to ensure continuous quality improvement and patient-centric care in public health facilities.

Digital Health Interventions

- The **Ayushman Bharat Digital Mission (ABDM)** is a unified digital health ecosystem to securely connect patients, healthcare providers, and systems through an interoperable digital infrastructure. As of April 5, 2025, over **76 crore Ayushman Bharat Health Accounts (ABHA)** have been created under the ABDM.
- There are over **5.95 lakh verified healthcare professionals** registered under the ABDM Scheme, with over **3.86 lakh verified health facilities**. Under ABDM, more than **52 crores** health records are linked.



- **U-WIN** is a digital platform that streamlines and tracks immunization for pregnant women and children (0–16 years), enabling flexible, anytime-anywhere vaccine access under the **Universal Immunization Programme (UIP)**.

- As of 15th December 2024, **7.90 crore beneficiaries** have been registered, **1.32 crore vaccination sessions** have been held, and **29.22 crore administered vaccine doses** have been recorded on U-WIN.

- **eSanjeevani**, India's **National Telemedicine**

Service, bridges gaps in healthcare access by providing free, equitable, and remote medical consultations, emerging as the **world's largest telemedicine platform for primary care**.


- As of April 6, 2025, **e-Sanjeevani** has served over **36 crore patients** through **teleconsultations** since its launch in 2020, making healthcare accessible remotely with **232,291 providers onboarded** to date. There are **131,793** spokes operationalized and **17,051 hubs** established, with **130 specialties** under e-Sanjeevani.

Disease Elimination & Control


- The **WHO World Malaria Report 2024** highlights India's **major strides in malaria elimination**, with a **69% drop in cases** and **68% reduction in deaths** between **2017 and 2023**. Contributing just **0.8% of global cases in 2023**, India's exit from **WHO's High Burden to High Impact (HBHI) group in 2024** marks a significant public health achievement.

- The Government of India has **eliminated Trachoma as a public health problem in 2024**, a feat recognised by the **WHO**.
- The Government of India's proactive **Measles-Rubella vaccination drive, strong surveillance, and public awareness efforts** have greatly improved public health. As of **March 6, 2024**, **50 districts** reported no measles cases and **226 districts** saw no rubella cases in the past year.
- According to **WHO's Global TB Report**, India has made strong progress in tuberculosis control. Under the **National Tuberculosis Elimination Programme (NTEP)**, TB incidence fell by **17.7%**, from **237 to 195 cases per lakh population** between **2015 and 2023**. TB-related deaths also declined from **28 to 22 per lakh**. Notably, missing TB cases dropped by **83%**, from **15 lakh** in 2015 to **2.5 lakh in 2023**.
- **As of 6th April, 2025** the Pradhan Mantri TB Mukta Bharat Abhiyaan, launched in September 2022, has registered over **2.5 lakh Ni-kshay Mitra volunteers** supporting over **15 lakh TB patients**. This initiative has further been expanded to include family members of TB patients.
- **Kala-azar Elimination:** India has successfully achieved Kala-azar elimination as of October 2024, with **100% of endemic blocks** reaching the **target of less than one case per 10,000 population by the end of 2023**.

Affordable Health Coverage for All




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Strengthening Health Access AB-PMJAY Key Highlights

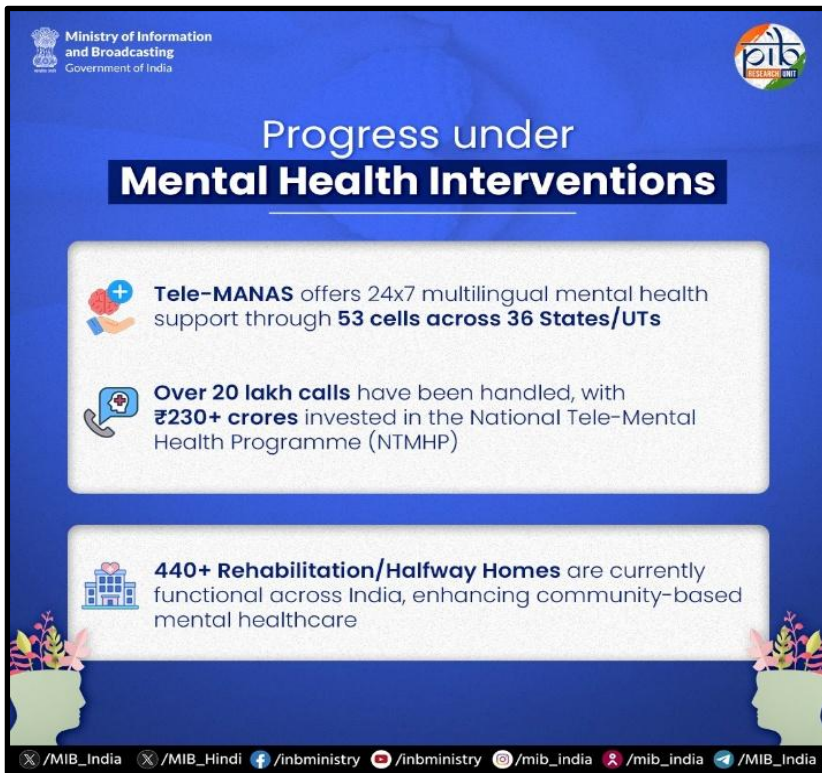
- ▶ **55+ crore** economically vulnerable Indians (bottom 40%) covered with **₹5 lakh** annual health insurance per family.
- ▶ **40 crore+** Ayushman Cards have been issued as of April 2025.
- ▶ **8.5 crore+** hospital admissions authorised nationwide.
- ▶ **31,846** empanelled hospitals, including **17,434** public and **14,412** private facilities.
- ▶ ASHA and Anganwadi workers are now included as beneficiaries, expanding healthcare coverage at the grassroots
- ▶ **25+ lakh** Ayushman Vay Vandana Cards have been issued, expanding elderly health coverage.



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- Under **Ayushman Bharat - PM Jan Arogya Yojana (AB-PMJAY)**:
 - As of December 20, 2024, over **55 crore beneficiaries** from India's economically vulnerable population in the bottom **40%** are covered with **₹5 lakh** health insurance per family.
 - Over **40 crore Ayushman Cards** have been issued as of 3rd April 2025.
 - Over **8.50 crore authorised hospital admissions** throughout the country.
 - Overall, **31,846 hospitals (17,434 public and 14,412 private)** have been officially empanelled under the scheme as of 3rd April 2025.
 - **ASHA and Anganwadi workers** are now included as **beneficiaries**.
 - Over **25 lakh+** enrollments for **Ayushman Vay Vandana Cards** under the scheme as of December 9th, 2024.

Mental Wellness Health Interventions



▪ **Tele-MANAS** (National Tele-Mental Health Programme) now operates **53 cells** across 36 States/UTs, offering **24x7 mental health support** in **20 languages**.

▪ As of **5th April 2025**, over **20 lakh calls** have been handled, with more than **230 crores allocated** to NTMHP in the **past three years**.

▪ As of **5th April 2025**, there are around **440 Rehabilitation Homes (RH)/Halfway Homes (HH)** in the country as per the *Manoashraya* Dashboard.

Towards a Healthier Future

India's advancements in public health, especially in maternal and child care, reflect a strong commitment to equitable and inclusive healthcare. Through transformative initiatives like **Ayushman Bharat**, the **National Health Mission**, and targeted maternal programs such as **JSY**, **PMSMA**, **SUMAN**, and **LaQshya**, the country has significantly reduced maternal and child mortality rates and improved institutional delivery access. Complemented by digital health interventions like **ABDM** and **eSanjeevani**, disease elimination drives, and mental health support through **Tele-MANAS**, India is steadily progressing towards **universal health coverage**.

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