



## Ajeet Singh: A Silver Finish with Golden Effort

### Chronicles of Perseverance and Determination

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Ajeet Singh, born on **September 5, 1993**, in Etawah, Uttar Pradesh, has carved a remarkable path in para-athletics, winning a **Silver Medal** in the **javelin throw F46 category**. His story is marked by extraordinary achievements and the ability to overcome significant challenges.



<sup>1</sup> [https://x.com/Media\\_SAI/status/1831070724817293722/photo/1](https://x.com/Media_SAI/status/1831070724817293722/photo/1)

## Early Life and Tragic Accident

Growing up in Gwalior, Madhya Pradesh, Ajeet Singh was always passionate about sports. He pursued his physical education and is currently working towards a **Ph.D. from the Lakshmibai National Institute of Physical Education (LNIFE) in Gwalior**. In 2017, Ajeet's life took a dramatic turn when he was involved in a tragic train accident. While trying to save his best friend from falling off the train, Ajeet got caught in the wheels, resulting in the amputation of his left arm below the elbow.

Despite this life-altering event, Ajeet refused to let it define his future. Four months after his recovery, he returned to training, channelling his energy into athletics. His efforts quickly paid off when he made his national debut at the **Para Athletic Senior National event in Panchkula, Haryana**, in 2018, where he impressed with his performance.

**AJEET SINGH**  
A WINNING SPREE!

- Paris 2024: Silver Medal
- Asian Para Games (2022) Bronze Medal
- World Para Athletics Championship (2023) Gold Medal
- World Para Athletics Championship (2019) Bronze Medal
- FAZZA, Dubai Grand Prix (2021) Gold Medal
- Beijing Grand Prix (2019) – Gold Medal

<sup>2</sup> [https://x.com/Media\\_SAI/status/1426190527658029074/photo/4](https://x.com/Media_SAI/status/1426190527658029074/photo/4)

## Rising to International Prominence

Ajeet Singh's international debut came in **2019 at the Beijing Grand Prix**, where he immediately made his mark by winning a **gold medal** in the javelin throw F46 category. This victory was only the beginning of his success on the global stage. Later that year, he secured a **bronze medal at the World Para Athletics Championships in Dubai, earning a spot in the Tokyo 2020 Paralympics**.

At the Tokyo Paralympics, Ajeet competed against some of the world's best athletes in the F46 category, finishing at 8th position. Unfazed by the competition, Ajeet continued to push his boundaries. His efforts culminated in another gold medal at the **World Para Athletics Championships in Paris in 2023**, where he further established himself as a leading figure in para-athletics.

## Government Support and Training

Ajeet's journey has been supported by key government initiatives, including financial assistance for training, competition, and sports equipment. He trains at the **Sports Authority of India (SAI)** facility in Bangalore and receives comprehensive support, including boarding and lodging. The Target Olympic Podium Scheme (TOPS) also provides him with an out-of-pocket allowance to cover his expenses.

## Paris Paralympics 2024: A Silver Medal Triumph

Ajeet Singh's performance at the Paris 2024 Paralympics added another significant achievement to his career. Competing in the **Men's Javelin Throw F46 event**, Ajeet won the **silver medal** with a throw of **65.62 meters on his penultimate attempt**, surpassing his compatriot Sundar Singh Gurjar, who claimed **bronze** with a throw of **64.96 meters**. This strong finish at the **Stade de France** highlighted Ajeet's ability to excel under pressure and secure a place among the world's best.

## A Remarkable Athlete

Ajeet Singh's story is a testament to his unwavering focus and commitment to his sport. From facing a life-changing accident to standing on the podium at the Paralympics, Ajeet has consistently demonstrated his ability to overcome obstacles and achieve success. As he continues to represent India globally, Ajeet Singh remains a formidable force in para-athletics, with his sights set on bringing even greater honours to his country.

## **References**

INDIAN ATHLETES: PARIS PARALYMPICS 2024 pdf

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<https://olympics.com/en/news/paris-2024-paralympics-india-javelin-throw-ajeet-singh-sundar-singh-medals>

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