



Sumit Antil's Golden Throw

The Unstoppable Force of Indian Para-Athletics at Paris 2024

September 2, 2024

Sumit Antil, born on June 7, 1998, in Sonipat, Haryana, has become a symbol of inspiration in the world of para-athletics. Competing in the **Men's Javelin Throw F64 category at the Paris 2024 Paralympics**, Sumit once again showcased his unparalleled skills and determination by winning **Gold**, thus reinforcing his status as one of the world's premier para-athletes.



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¹ https://x.com/Media_SAI/status/1830671824218415209/photo/1

Early Life and Challenges

Sumit's life took a drastic turn after a tragic accident on his way home from a coaching class. The promising wrestler from Sonipat lost his leg in the incident, a devastating blow that could have ended his athletic career. However, Sumit's indomitable spirit refused to let this setback define him. Supported by his father's service in the Indian Air Force, Sumit received treatment at the Army Hospital, where a prosthetic leg was fitted on his left lower limb.

Initially, the transition to a life with a prosthesis was challenging. The young athlete struggled with pain and a sense of loss. But fate intervened when Sumit met **Rajkumar, a para-athlete** from his village. Rajkumar introduced him to the world of Para Games, reigniting the fire within Sumit. With the unwavering support of his family and friends, Sumit dedicated himself to his new path, committing to daily training and self-improvement.

Unmatched Record

A series of extraordinary victories have marked Sumit Antil's journey in para-athletics. At the **Tokyo 2020 Paralympic Games**, he clinched a **gold medal** with a **world record throw**, catapulting him into the global spotlight. He continued his winning streak at the **2022 Asian Para Games** in **Hangzhou, China**, where he shattered his own world record with a phenomenal throw of **73.29 meters**. His dominance extended to the **World Para Athletics Championships in 2023 and 2024**, where he claimed **gold medals**, further solidifying his reputation as one of the greatest para-athletes of his time.

SUMIT ANTIL

Path to Success



2024

Gold medal

Paralympics

Men's Javelin F64 2 event

2024

Gold medal

**World Para Athletics
Championship**

2023

Gold medal

**World Para Athletics
Championship (WR)**

2022

Gold medal

**Asian Para Games
(WR)**

2020

Gold medal

**Paralympic Games
(WR)**



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Government Support: A Pillar of Strength

Sumit Antil's success on the global stage has been bolstered by significant support from the Indian government. Recognizing his potential, the government provided comprehensive assistance through initiatives like the **Target Olympic Podium Scheme (TOPS)**. This support included financial assistance for his training and competition needs, procurement of specialised javelins and prosthetics, and expert coaching services. Additionally, Sumit benefited from **four international exposure trips to countries like France, China, and Japan**, which were crucial in honing his skills. The continuous training facilities at the **Sports Authority of India (SAI)** in Sonipat, along with out-of-pocket allowances, ensured that Sumit had the resources and environment necessary to excel at

² <https://x.com/mansukhmandviya/status/1830672127856431146/photo/1>

the highest level. The government's unwavering support has been instrumental in his journey to becoming a Paralympic champion.

Recognition and Legacy

Sumit Antil has received accolades from all corners, including a heartfelt congratulatory message from **Prime Minister Shri Narendra Modi following his record-breaking performance at the 2022 Asian Para Games**. The Prime Minister praised Sumit's "**indomitable spirit and skill**," highlighting India's pride in its Paralympic champion.

Sumit's story is one of strength, determination, and the unwavering human spirit. His journey from a life-altering accident to becoming a Paralympic champion inspires countless individuals in India and worldwide. As he continues to push the boundaries of what is possible in para-athletics, Sumit Antil's legacy will undoubtedly inspire future generations of athletes to dream big and overcome any obstacle in their path.

References

INDIAN ATHLETES: PARIS PARALYMPICS 2024 pdf

<https://pib.gov.in/PressReleaseIframePage.aspx?PRID=2051103>

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