



DISCIPLINE: WEIGHTLIFTING

Event: 67kg

Date of Birth: 26/10/2002

Hometown: Aizawl, Mizoram

Training Base: NS NIS Patiala

Coach: Vijay Sharma

Background: (Few background points about the athlete)

Jeremy started Weightlifting in the year 2011.

His Father works as a PWD Labour taking care of a family of 8.

Jeremy has 5 siblings who were a constant support for him during his Weightlifting journey

He was inducted in Army Sports Institute in the year 2012.

Jeremy joined National Camp in the year 2016.

Achievement:

1. 2016 Youth World Championship Silver medalist
2. 2016 Asian Youth Championship Silver medalist
3. 2017 Youth World Championship Silver medalist
4. 2017 Commonwealth Junior Championship Gold Medalist
5. 2017 Commonwealth Youth Championship Gold Medalist
6. 2018 Asian Junior Championship Bronze medalist
7. 2018 Asian Youth Championship Silver medalist
8. 2018 Youth Olympic Games Gold Medalist
9. 2019 EGAT cup International Weightlifting Championship Silver medalist

10. 2019 Asian Youth Championship Gold Medalist
11. 2019 Asian Junior Championship Silver medalist
12. 2019 6th Qatar International Cup Silver medalist
13. 2021 Commonwealth Senior Championship Gold Medalist

Key Government Interventions: 2019 Australia Asian Championship Melbourne, 2019 thailand championship.

Equipment Support: Weightlifting Shoes, Weightlifting equipment set.

Foreign/ Support Staff:

Vijay Sharma: Head Coach
Sandip Kumar: Coach
Pramod Sharma: Coach
A.P. Dathan: Coach
Vijay Rohilla: Coach
Anil Kumar: Coach
S Sathish Kumar: Coach
Nogender Singh: Coach
Hariyali Barot: Physiotherapist
Amit Sahu: Physiotherapist
Ramakrishna Bansiwala: Masseur
Lovepreet Kaur: Masseuse
Kala Singh: Masseur

Days in National Coaching Camp: 6 years

Funding:

ACTC	TOPS	OPA (2022)
₹25,63,336	0	3,50,000