

Name: Amit Panghal
Discipline: Boxing
Event: 52 Kg
Date of Birth: 16-10-1995
Hometown: Haryana
Training Base: NSNIS Patiala
Coach: National Camp: Dharmesh Singh Yadav



Background:

Amit Panghal was born on 16 October 1995 in Mayna village of Rohtak district, Haryana. His father, Vijender Singh Panghal, is a farmer in Mayna, while his elder brother, Ajay Panghal, who works in the Indian Army. Ajay, a former amateur boxer, inspired Amit to take up boxing in 2007 at Sir Chhoturam Boxing Academy.

Achievements:

YEAR	EVENT	PERFORMANCE
2021	OLYMPIC GAMES	Participation
2021	ASBC ASIAN ELITE MEN AND WOMEN BOXING CH.	SILVER MEDAL
2020	THE COLOGNE BOXING WORLD CUP , GERMANY	GOLD MEDAL
2020	2020 ASIA & OCEANIA BOXING OLYMPIC QUALIFICATION	BRONZE MEDAL
2019	2019 AIBA WORLD BOXING CHAMPIONSHIPS	SILVER MEDAL
2019	ASIAN CHAMPIONSHIPS	GOLD MEDAL
2019	INDIAN OPEN, INDIA.	GOLD MEDAL
2019	STRANDJA CUP, MONGOLIA	GOLD MEDAL
2018	ASIAN GAMES	GOLD MEDAL
2018	CWG, GOLD COAST	SILVER MEDAL

Key Government Interventions:

- Inclusion of Personal coach / Mentor Mr. Anil Dhankar in National Coaching camp for preparation and training till Olympics
- International training camp in Ireland prior to the Commonwealth Games .This falls under ACTC

Equipment Support: N/A

Foreign/Support Staff: Mr. Santiago Nieva

Days in National Coaching Camp: 101 Days

Funding:

ACTC	TOPS	OPA
12,04,000/-	-	3,50,000/-