



DISCIPLINE: Wrestling

Event: 65 KG FS

Date of Birth: 26.02.1994

Hometown: Sonipat, Haryana

Training Base: SAI Sonipat, Haryana

Coach: Sujeet Maan

Background: Bajrang Punia is an Indian freestyle wrestler, who competes in the 65-kg weight category. At the 2020 Tokyo Olympics, Punia won a bronze medal by defeating Kazakhstan's Daulet Niyazbekov with a wide 8-0 margin. Punia is the only Indian wrestler to win 3 medals at the World Wrestling Championships. Hailing from Jhajjar district in Haryana, He began wrestling at the age of seven and was encouraged to pursue the sport by his father. Punia's father was a wrestler as well and at a young age, his family enrolled him in a local mud wrestling school. Currently, he works in the Indian Railways on the post of Gazetted officer OSD Sports.

Achievement: 2020 Olympic Games – Bronze

2018 World Championships – Silver

2013 and 2019 World Championships – Bronze

2018 Asian Games – Gold

2014 Asian Games – Silver

2018 Commonwealth Games – Gold

2014 Commonwealth Games – Silver

2019 Khel Ratna Award

Key Government Interventions: Financial Assistance for foreign competitions:

Sr. Asian Championship in Mongolia – 19th March to 26th March 2022

2nd Ranking Series in Kazakhstan – 2nd June to 6th June 2022

Training in Moscow, Russia from 27th December 2021 to 21st January 2022 (26 days)

Special Training Camp in Tehran, Iran from 28th February to 17th March 2022 (18 days)

Training in Michigan University ahead of the Commonwealth Games facilitated by TOPS from 10th July to 2nd August 2022 (22 days)

Equipment Support: Procurement of Wrestling Mats and Equipment for Sr. National Coaching Camp.

Foreign/ Support Staff: Nil

Days in National Coaching Camp: 132

Funding:

ACTC	TOPS	OPA
₹8,45,102/-	₹16,65,884/-	₹3,50,000/-