



**DISCIPLINE:** Wrestling

**Event:** 57 KG WW

**Date of Birth:** 05.08.2001

**Hometown:** Nidani, Haryana

**Training Base:**

CBSM School, Nidani, Haryana

**Coach:** Jitendra Yadav

**Background:** Anshu Malik is an Indian freestyle wrestler. She won the silver medal in the women's 57 kg event at the 2021 World Wrestling Championships held in Oslo, Norway. She is the first Indian wrestler to win a silver medal at the World Championships in the women's division. She comes from a family of wrestlers, Anshu's father Dharamvir Malik, was an international wrestler himself. In Asian Wrestling Championships 2021, Malik bagged Gold along with the likes of Vinesh Phogat and Divya Kakran.

**Achievement:** 2021 World Championship Silver, 2021 Asian Championship Gold, 2022 Asian Championship Silver.

**Key Government Interventions:** Financial Assistance for foreign competitions:  
Sr. Asian Championship – 19<sup>th</sup> March to 26<sup>th</sup> March 2022

**Equipment Support:** Procurement of Wrestling Mats and Equipment for Sr. National Coaching Camp.

**Foreign/ Support Staff: Nil**

**Days in National Coaching Camp: 129**

**Funding:**

<b>ACTC</b>	<b>TOPS</b>	<b>OPA</b>
<b>₹6,31,358/-</b>	<b>₹0/-</b>	<b>₹3,50,000/-</b>