

# SAURAV GHOSAL

**Discipline:** Squash

**Event:** Men's Singles, Mixed Doubles

**Date of Birth:** 10/08/1986, 35 Years

**Hometown:** Kolkata, West Bengal

**Training Base:** Indian Squash Academy, Chennai

**Coach:** David Palmer



**Background:** Saurav was born in Kolkata, West Bengal. He started playing squash in his hometown of Kolkata, at the Calcutta Racquet Club. He did his schooling at Lakshmi Pat Singhania Academy. He moved to Chennai after completing his school and was based at the ICL squash academy in Chennai and coached by Major (Rtd) Maniam and Mr. Cyrus Poncha in Chennai. He started participating in various tournaments at a young age. Ghosal has numerous firsts to his credit; he is the first Indian to be ranked junior World No. 1, the first to bag the junior National championship three years in a row, and in December 2006, he won the country's first medal in squash at the Doha Asian Games. His first triumph of significance came in 2002 when he won the German Open in the fifth month of 2002. In 2019, Saurav entered the Top 10 in the World Rankings.

He married Dia Pallikal, sister of Indian squash player Dipika Pallikal, in 2017. Saurav Ghosal has been named as the Professional Squash Association's (PSA) Men's President in Dec 2021.

## **Achievement:**

- Arjuna Award - 2007
- 01 Silver, 01 Silver, 01 Gold at World Doubles Championships (2004, 2016, 2022 respectively).
- 01 Bronze, 02 Bronze, 01 Gold & 01 Silver, 02 Bronze at Asian Games (2006, 2010, 2014, 2018 respectively).
- 01 Silver medal at Commonwealth Games (2018).
- 01 Silver, 01 Gold at Asian Individual Championship (2017, 2019 respectively).

## **Key Government Interventions:**

- Financial assistance towards participation in international competitions and training.
- Financial assistance towards training, kit and equipment in National Camp.

**Equipment Support:** Nil

**Foreign/ Support Staff:** Nil

**Days in National Coaching Camp:** 23 days (April & July 2022)

## **Funding:**

| ACTC                   | TOPS | OPA  |
|------------------------|------|------|
| Rs. 17,75,268/- approx | N.A. | N.A. |