



DISCIPLINE: WEIGHTLIFTING

Event: 109kg

Date of Birth: 6/9/1997

Hometown: Amritsar, Punjab

Training Base: NS NIS Patiala

Coach: Vijay Sharma

Background: (Few background points about the athlete)

Lovepreet started Weightlifting in the year 2010 at just 13 years of age.

He struggled a lot in his initial days to get recognition at National level.

It took him 7 years of hard work and determination to be inducted in the Indian National camp.

Lovepreet has been an important member of the Indian National Camp in heavy weight category since 2017.

He understands that India has not won laurels in heavy weights category in International level and dreams of achieving it for the country.

Achievement:

1. **2021 Commonwealth Senior Championship Silver Medalist**
2. **2017 Commonwealth Junior Championship Gold Medalist**
3. **2017 Asian Junior Championship Bronze Medalist**

Key Government Interventions:

April 2022 30 days Shilaru High altitude training

Equipment Support: No

Foreign/ Support Staff:

Vijay Sharma: Head Coach

Sandip Kumar: Coach

Pramod Sharma: Coach

A.P. Dathan: Coach

Vijay Rohilla: Coach

Anil Kumar: Coach

S Sathish Kumar: Coach

Nogender Singh: Coach
Hariyali Barot: Physiotherapist
Amit Sahu: Physiotherapist
Ramakrishna Bansiwal: Masseur
Lovepreet Kaur: Masseuse
Kala Singh: Masseur

Days in National Coaching Camp: 9 Months

Funding:

ACTC	TOPS	OPA
25,63,336	NA	NA