

DISCIPLINE: WEIGHTLIFTING**Event:** 71kg**Date of Birth:** 14/10/1996**Hometown:** Nabha, Punjab**Training Base:** NS NIS Patiala**Coach:** Vijay Sharma**Background:** (Few background points about the athlete)

Harjinder started Weightlifting in the year 2016 in Punjab University.

Harjinder's father works as a Farmer in Punjab and is the sole earner in the family

She was on boarded in the Indian National Camp Patiala on August 2021.

Achievement:

- 1. 2021 Commonwealth Senior Championship Silver Medalist**

Key Government Interventions:

April 2022 30 days Shilaru High altitude training

Equipment Support: No**Foreign/ Support Staff:****Vijay Sharma:** Head Coach**Sandip Kumar:** Coach**Pramod Sharma:** Coach**A.P. Dathan:** Coach**Vijay Rohilla:** Coach**Anil Kumar:** Coach**S Sathish Kumar:** Coach**Nogender Singh:** Coach**Hariyali Barot:** Physiotherapist**Amit Sahu:** Physiotherapist**Ramakrishna Bansiwala:** Masseur**Lovepreet Kaur:** Masseuse**Kala Singh:** Masseur**Days in National Coaching Camp:** 9 months**Funding:**

ACTC	TOPS	OPA
25,63,336	NA	NA